

## Book Arts – Kirkland Arts Center Week 1, Spring 2020

- Intro/Greeting
- Bookmaking Basics
  - Paper
    - What is it made out of
    - Paper weight
    - Grain – direction that the fibers are going
      - With grain = good fold
      - Breaking grain = bad fold
    - Other types of paper
      - Vellum or parchment
      - Acetate
      - Decorative papers
  - Boards – mat board, cover board, chipboard, other cardboards
  - Glue – PvA Polyvinyl Acetate – a pH neutral glue, you can make it at home with water, flour & sugar or buy Elmer’s or Mod Podge
    - Pressure!
    - Apply with brush
- Definitions
  - Saddle stitch: staple or stitch down the middle of folded paper
  - Perfect/Square bound: usually thermal glue binding into a 3 (or more) piece (or folded) spine
  - Accordion Book: interior pages are one-piece folded accordion style
  - Side sewn: holes go through the cover and pages and are sewn along the spine to bind
  - Stab binding/Japanese binding: decorative style of side sewn
  - Bind: How the cover + pages are held together
  - Codex: a book with folios sewn together with a cover
  - Edition: the number of copies produced of a book, limited edition: fixed number that the artist will not exceed
  - Folio: a sheet of paper, or other material, folded in half to make the two-leaf, four-page unit of a book
  - Page: One facing of a folio, a folded piece of paper has 4 pages, to create a 16 page book you would need 4 pieces of paper/folios, folded books will ALWAYS have a number of pages divisible by 4
  - Longstitch: binding that attached the signature directly to the spine instead of to each other with a simple in-and-out stitch
  - Media: art materials
  - Score: a sharp indentation made to induce a fold
  - Signature: a group of folios placed one inside the other to be sewn into a book
  - Spread: facing pages (left & right)

This week's project: Creating simple signatures with optional covers and exploring variations

You will need:

- Awl or needle tool
- Needle & thread (embroidery, linen or other, but not from a spool)
- Glue + brush/bowl
- 2-8 folios (piece of paper folded in half)
- Ruler + pencil
- Bone folder (if available, or a substitute)
- Scissors/knife tool/utility knife (like Xacto)
- Board (optional)
- Cover paper (optional) + interior paper (if covering a board)

Measuring:

- Board  $\frac{1}{2}$ " longer and wider than folio pages
- Outer cover paper is  $\frac{1}{2}$ " longer and wider than board
- Inner cover  $\frac{1}{4}$ " shorter and narrower than board

Folding:

- Fold folios, cover paper in half
- Fold board and score in half

Cover (optional):

- Glue cover paper to board: outer, fold over, inner

Measure:

- Measure holes for stitching, minimum 2 holes
  - More holes = sharper fold at spine

Stitching:

- Butterfly stitch & square knot

Variations:

- Different folds
- Pockets
- Decorative paper